

Grade Curriculum Map
Instructional Plan for PE 2-3
Hope Loersch
St. Paul's Lutheran School

**Grade 2-3 Curriculum
Instructional Plans for Physical Education
Submitted by Hope R. Loersch
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	Content Type	Objectives	Standards	Assessment	Materials
A U G U S & S E P T E M B E R	<ul style="list-style-type: none"> 24 (8-10 PE, depending on testing times) 	SWBAT			
	1) Workout Buddies	1) find workout buddy and complete task	1) 2:2:A1- Explains that warm-up prepares the body for physical activity.	1) workout with partner	1) Cooperatives page 5. Workout Buddies activity (pg7)
	2) Have you ever?	2) learn about their classmates while moving around the gym	2) 3:2:A3- Chooses to participate in structured and purposeful activity.	2) leads class in questions and moves around the circle	2) Cooperatives page 9. Spot markers
	3) Twist and Turn/Bend and Stretch	3) control ball movements with partner	3)5:2:B1- Cooperates with all class members by taking turns and sharing equipment.	3) Moves ball within directions with partner	3) Cooperatives page 11. 1 ball/manipulative/pair
	4) Designated Drivers	4) direct partner through obstacles	4) 5:2:B2- Participates in a variety of team building activities.	4) Drives partner through obstacle	4) Cooperatives page 15. "Road hazards"
	5) Group Juggling	5) Toss and catch manipulatives in group	5) 5:2:B2- Participates in a variety of team building activities.	5) Works as a team to juggle	5) Cooperatives page 19. Balls/manipulatives to throw
	6) Houdini Hoops	6) pass hoop to classmates	6) 5:2:B2- Participates in a variety of team building activities.	6) Pass hoops without them touching the ground	6) Cooperative page 21. 2 hoops/5 students
	7) Stick with Me	7) cross the finish line in a variety of ways with partner	7) 5:2:B3- Works productively with a partner to improve performance.	7) Keep inside feet together to cross finish line	7) Cooperative page 23. Markers for finish line
	8) Stepping Stones	8) work as a team to cross the finish line	8) 5:2:B2- Participates in a variety of team building activities.	8) Each hoop is being touched at all times as a team	8) Cooperative page 25. Hoops, finish line
	9) Log Jam	9) work as a team to create a mirror setup	9) 5:2:B2- Participates in a variety of team building activities.	9) Create mirror image on opposite side of log	9) Cooperatives page 27. Spot markers
10) Pass it Around	10) pass objects around the circle without using hands	9) 5:2:B2- Participates in a variety of team building activities.	10) Pass objects around circle	10) Cooperatives page 31. Objects to pass	

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			10) 5:2:B7- Participates in low-level challenges, team building, adventure, and cooperative activities that encourage working together to solve problems in a game or activity.		
O C T O B E R	<ul style="list-style-type: none"> • 20 (9 PE) 1) Backhand throw and catch 2) Backhand give and go (Skip this one if not enough time or add on another game) Or do this outside for sure 3) Forehand Throw 4) Catching Drills 5) Target Throw 6) Pass and Follow 7) Corner to Corner Give and Go 8) Hoop to Hoop 9) Flying disk golf 	<p>SWBAT</p> <ul style="list-style-type: none"> 1) backhand throw frisbee 2) Give disk and run and catch it 3) forehand throw the frisbee 4) catch disk in a variety of ways 5) Throw disk into targets 6) Pass disk to partner and follow rotation 7) Pass disk to partner and follow rotation 8) pass disk to moving target 9) throw disk into hoop 	<ul style="list-style-type: none"> 1) 2:2:A3- Identifies and demonstrates key elements of skill being taught. 2) 5:2:A3- Demonstrates safe control of body and equipment. 3) 5:2:B7- Participates in low-level challenges, team building, adventure, and cooperative activities that encourage working together to solve problems in a game or activity. 4) 5:2:B5- Shows respect for the views of a peer during class discussion. 5) 5:2:B8- Regularly encourages others and refrains from negative statements. 6) 5:2:B2- Participates in a variety of team building activities. 7) 5:2:B2- Participates in a variety of team building activities. 8) 6:2:A2- Selects and practices a skill on which improvement is needed. 	<ul style="list-style-type: none"> 1) Backhand throw and catch frisbee 2) Give and go with partner 3) Forehand throw 4) Catch frisbee 5) Throw disk in targets 6) passes disk to partner 7) pass disk to partner 8) pass disk to moving target 	<p>Flying Disk</p> <ul style="list-style-type: none"> 1) FD page 5. 1 disk/pair 2) FD page 7. 1 disk/pair 3) FD page 9. 1 disk/pair 4) FD page 11. 1 disk/pair 5) FD page 13. Disks and hoops 6) FD page 15. Disks, spot markers 7) FD page 17. Disks, spot markers 8) FD page 19. Disks and hoops 9) FD page 23. Disks and hoops

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	Could use for 2 days and keep score/teams		9) 6:2:A2- Selects and practices a skill on which improvement is needed.	9) Throw disk into hoop on floor in as few throws as possible	
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	Content Type	Objectives	Standards	Assessment	Materials
N O V E M B E R	<ul style="list-style-type: none"> • 19 (7 PE) 1) Partner Tag 2) Flag Tag 3) Triangle Tag 4) 4 Corner Scramble 5) Straddleball <li style="background-color: #90ee90;">ADD A DAY OF HOMEMADE GAGA BALL?? 6) 2 Square 3 Catch Game page 27 if more needed 	SWBAT 1) catch partner after doing jumping jacks 2) grab others' flags while avoiding having their own flag pulled 3) keep teammates safe 4) move to a new corner before a teammate does 5) keep ball away from their feet with their hands 6) double bounce ball in partner's court	1) 2:2:A1- Explains that warm-up prepares the body for physical activity. 2) 2:1:A2- Recognizes appropriate safety practices with and without physical education equipment. 3) 6:2:A1- Identifies positive feelings associated with participation in physical activities. 4) 2:1:A2- Recognizes appropriate safety practices with and without physical education equipment. 5) 6:2:B3- Choose to participate in group physical activities. 6) 3:2:A3- Chooses to participate in structured and purposeful activity.	1) Tag partner and do jumping jacks 2) Pull flags 3) Protect team members while tagging others 4) Run to new corners 5) Don't let the ball touch your feet 6) Double bounce ball in partner's court	Recess Activities 1) RA page 5. Flags or string. 2) RA page 9. Flags or string 3) RA page 11. spot markers 4) RA page 13. spot markers 5) RA page 15. 1 ball/group 6) RA page 17. chalk if outside, jump ropes or spot markers. Balls

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D E C E M B E R	• 15 (4-6 PE)	SWBAT			
	1) Chute Shapes	1) Demonstrate hand positions and domes	1) 5:1:A2- Follows directions given to the class for an all-class activity.	1) works with classmates to be successful in creating chute shapes	K-2 BOOK. ADD IN CHALLENGES 1) Parachute page 3. Parachute
	2) Move and Groove	2) Gallop, job, and skip at different speeds with the chute	2) 5:1:A2- Follows directions given to the class for an all-class activity.	2) works with classmates to move together	2) Parachute page 7. Parachute and music.
	3) Changing Places	3) move to different places of the parachute	3) 5:1:A2- Follows directions given to the class for an all-class activity.	3) works with classmates to rotate around the chute	3) Parachute page 9. Parachute
	4) Popcorn	4) bounce different manipulatives on chute	4) 5:1:A2- Follows directions given to the class for an all-class activity.	4) works with classmates to "pop" manipulatives	4) Parachute page 15. Parachute, various manipulatives including fluffballs
	5) Shark Attack	5) move stealthily underneath the chute to tag a classmate	5) 5:1:A2- Follows directions given to the class for an all-class activity.	5) tag classmate underneath chute	5) Parachute page 19. Parachute
6) Fly in the Web	6) move from parachute to parachute	6) 5:1:A2- Follows directions given to the class for an all-class activity.	6) move from parachute to parachute	6) Parachute page 25. Parachutes and foam balls	

	Content Type	Objectives	Standards	Assessment	Materials
J A N U A R Y	• 21 (8 PE)	SWBAT			
	1) Ball-Handling Drills	1) practice figure 8s and hot potatoes	1) 3:2:B2- Identifies two personal fitness goals to improve personal fitness.	1) Ball handling skills	1) Bball page 5. Basketballs
	2) Dribbling Drills	2) dribble basketball	2) 4:2:A1- Participates in selected activities that develop and maintain each component of physical fitness.	2) Dribbling	2) Bball page 7. Basketballs
	3) Pivoting Drills	3) Pivot correctly	3) 5:2:B5- Shows respect for the views of a peer during class discussion.	3) Pivoting	3) Bball page 9. Basketballs
	4) Passing Drills	4) pass basketball with chest and bounces passes	4) 5:2:B3- Works productively with a partner to improve performance.	4) Passing	4) Bball page 11. Basketballs
	5) Shooting drills	5) shoot ball into hoop		5) Shooting	5) Bball page 13. Basketballs and hoops

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	<p>6) Grid Passing and Pass and Follow</p> <p>7) Corner to Corner Give and Go</p> <p>8) SPARK</p>	<p>6) Pass and pivot</p> <p>7) Pass and and follow their pass</p> <p>8) make baskets in various containers</p>	<p>5) 1:2:A4- Strikes an object using feet, hands, or implement to a target. Examples include: volleyball, soccer, baseball, hockey, golf, rackets.</p> <p>6) 1:2:A4- Strikes an object using feet, hands, or implement to a target. Examples include: volleyball, soccer, baseball, hockey, golf, rackets.</p> <p>7) 1:2:A4- Strikes an object using feet, hands, or implement to a target. Examples include: volleyball, soccer, baseball, hockey, golf, rackets.</p> <p>8) 1:2:A4- Strikes an object using feet, hands, or implement to a target. Examples include: volleyball, soccer, baseball, hockey, golf, rackets.</p>	<p>6) Pass and Pivot</p> <p>7) Pass and follow pass</p> <p>8) Spell SPARK asap</p>	<p>6) Bball pages 15 and 17 (2 lessons). basketballs and spot markers</p> <p>7) Bball page 19. Basketballs and spot markers</p> <p>8) Bball page 25. Basketballs, hoop, bucket, other targets</p>
<p>F E B R U A R Y</p>	<p>• 18 (7PE)</p> <p>1) Add em Up</p> <p>2) Mini-basketball</p> <p>3) Basketball skills stations</p> <p>4) Group Basketball Hunt</p> <p><u>VOLLEYBALL</u></p>	<p>SWBAT</p> <p>1) dribble and shoot within a 20 second timeframe</p> <p>2) Pass and pivot to get the ball to the hoop. No dribbling!</p> <p>3) practice a variety of basketball skills</p> <p>4) complete group activity while holding on the jump rope</p>	<p>1) 4:2:A1- Participates in selected activities that develop and maintain each component of physical fitness.</p> <p>2) 5:2:B7- Participates in low-level challenges, team building, adventure, and cooperative activities that encourage working together to solve problems in a game or activity.</p> <p>3) 5:2:B8- Regularly encourages others and refrains from negative statements.</p> <p>4) 5:2:B7- Participates in low-level challenges, team building, adventure, and cooperative activities that encourage working together to solve problems in a game or activity.</p>	<p>1) Dribble and shoot</p> <p>2) Pass and pivot</p> <p>3) skills stations</p> <p>4) Group activity</p>	<p>1) Bball page 27. Basketballs</p> <p>2) Bball page 31. Basketballs and pinnies</p> <p>3) Bball page 35. Basketballs, cones, skill cards.</p> <p>4) Bball page 37. Basketballs, basketball task cards, jump ropes</p>

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	<p>5) Introduction to Forearm Pass</p> <p>6) Bumping Buddies</p> <p>7) Introduction to Overhead Pass</p>	<p>5) bump the volleyball with proper form</p> <p>6) bump with a partner</p> <p>7) set</p>	<p>5) 5:2:B5- Shows respect for the views of a peer during class discussion.</p> <p>6) 1:3:A6- Demonstrates correct balance techniques (e.g., static and dynamic) in a variety of activities (yoga, Pilates, gymnastics, cooperative activities, etc.).</p> <p>7) 6:2:A4- Works independently, productively, and demonstrates a willingness to challenge self.</p>	<p>5) Passing</p> <p>6) Passing with partner</p> <p>7) setting</p>	<p>5) Vball page 5. Volleyballs or soft balls.</p> <p>6) Vball page 7. Volleyballs</p> <p>7) Vball page 9. Volleyball</p>
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M A R C H	<ul style="list-style-type: none"> 17 (7 PE) 	SWBAT			
	1) Setting pairs	1) set the volleyball to their partner	1) 6:2:A2- Selects and practices a skill on which improvement is needed.	1) set with partner	1) Vball page 11. Volleyballs
	2) Introduction to underhand serve	2) underhand set to the wall	2) 6:2:A2- Selects and practices a skill on which improvement is needed.	2) serve to the wall	2) Vball page 13. Volleyballs
	3) Forearm 21	3) practice bumping and setting with teammates	3) 6:2:B2- Interacts with others by helping with their physical activity challenges.	3) bumping and setting	3) Vball page 15. Volleyballs
	4) Crossover	4) bump and set the ball to teammates	4) 6:2:B2- Interacts with others by helping with their physical activity challenges.	4) bumping and setting	4) Vball page 19. Volleyballs and spot markers
	5) Serving Challenges	5) serve the ball into a target with a partner	5) 5:2:B1- Cooperates with all class members by taking turns and sharing equipment.	5) Serving	5) Vball page 21. Volleyballs and hoops
	6) Serving Shower	6) serve the ball to the opposite side	6) 5:2:B1- Cooperates with all class members by taking turns and sharing equipment.	6) serving	6) Vball page 23. Volleyballs and use cones instead of a net
7) Mini Volleyball game	7) Incorporate all volleyball skills	7) 5:2:B1- Cooperates with all class members by taking turns and sharing equipment.	7) serving, bumping, setting	7) Could use Vball page 27 or another variation. Volleyballs and spot markers	

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A P R I L	<ul style="list-style-type: none"> • 20 (8 PE) 	SWBAT			K-2 BOOK
	1) Cookie Monster Tag	1) use different locomotor skills to cross the boundaries	1) 1:1:A1- Skips, hops, gallops, slides, etc., using mature form.	1) Get past cookie monster	1) Games page 1. Fluff balls
	2) Crazy Cones	2) run to cones and follow procedure for team	2) 2:1:A2- Recognizes appropriate safety practices with and without physical education equipment.	2) Tip over or pick up cones	2) Games page 3. Colored cones
	3) Color Tag	3) run to safety hoops	3) 2:1:A2- Recognizes appropriate safety practices with and without physical education equipment.	3) Run to safety hoops and avoid being hit	3) Games page 5. Hoola hoops and fluff balls
	4) Stuck in the Mud	4) free classmates from the mud	4) 4:1:B2- Participates in a variety of activities and games that increase breathing and heart rate.	4) Find pairs and avoid the mud	4) Games page 9. Fluff balls
	5) Catch and Chase	5) chase your partner and catch the ball	5) 4:1:B2- Participates in a variety of activities and games that increase breathing and heart rate.	5) Chase partner and catch ball	5) Games page 11. Foamballs
	6) Houdini Hoops	6) Pass hoop around circle	6) 5:1:A2- Follows directions given to the class for an all-class activity.	6) Pass hoop around the circle without letting go of hands	6) Games page 15. Hoola hoops
	7) The Dog Catcher	7) kick ball with foot	7) 5:1:A6- Follows rules, procedures, and etiquette in class.	7) Kick ball with foot and avoid having opponent kick it away from you	7) Games page 21. Playground balls and cones
8) Oxygen Boogie	8) pass beanbag to teammates without dropping it	8) 5:1:A2- Follows directions given to the class for an all-class activity.	8) Pass the beanbag in the direction instructed by teacher.	8) Games page 29. Beanbags	

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M A Y	<ul style="list-style-type: none"> 24 (8 PE) 	SWBAT			K-2 BOOK
	1) Dribbling "Soccer Style"	1) trap ball with foot	1) 1:1:B3- Controls an object using feet, hands, or implement to a target (dribble, throw, catch, kick, strike).	1) Trap ball	1) KAT page 1. Foamballs
	2) Control Dribble Around Obstacles	2) zigzag around cones	2) 1:1:B3- Controls an object using feet, hands, or implement to a target (dribble, throw, catch, kick, strike).	2) Dribble ball around cones	2) KAT page 5. Foamballs (harder balls if outside), cones
	3) Partner Roll, Pass, and Trap	3) trap and pass ball to partner	3) 1:1:B3- Controls an object using feet, hands, or implement to a target (dribble, throw, catch, kick, strike).	3) Trap and pass ball	3) KAT page 9. Ball/set of partners
	4) Shadow Dribble	4) follow and copy partner	4) 1:1:B3- Controls an object using feet, hands, or implement to a target (dribble, throw, catch, kick, strike).	4) Dribble and protect ball, copying partner	4) KAT page 13. Balls and cones
	5) Tunnel Dribble	5) kick ball through teammates' legs	5) 1:1:B3- Controls an object using feet, hands, or implement to a target (dribble, throw, catch, kick, strike).	5) Kick ball through others' legs	5) KAT page 15. balls and spot markers
	6) Kicking for Accuracy	6) kick ball through goal	6) 1:1:B3- Controls an object using feet, hands, or implement to a target (dribble, throw, catch, kick, strike).	6) Kick ball through goal	6) KAT page 21. 2 cones/pair, foamballs
7) Soccer Golf	7) kick ball into hoola hoop from different distances	7) 1:1:B3- Controls an object using feet, hands, or implement to a target (dribble, throw, catch, kick, strike).	7) Kick ball into hoola hoop from different distances	7) KAT page 25. Foamballs and hoola hoops	

If ever need an extra day or activity, look at Aug/Sept days and redo. Many fun ones in there!